

Your Step Three

Establishing a Relationship with Our Creator

Many of us, all groggy in the morning, may not fully grasp the full implications of what we are asking in prayer. When we get up in the morning we ask our Creator to inspire us, to be with us and take care of us, to direct our day for this one day. With this action come all sorts of implications.

Every morning we wake up and we pose a theory: "What if my Creator were to take charge of my life? Would that be OK with me?" "What does my life look like with me in charge?" The answer is a personal decision: Am I happy with the way I run life. After making that decision, we then ask our Creator to do that.

We have got to ask ourselves first, "What about the really important issues?" We have to imagine the circumstances of our day and see if we are willing to let go of those issues as well. It is at the end of the day that we always know if we did indeed turn our life over.

Our assertion is that further step work is going to be a difficult and a sketchy exercise at best if left to our own devices. If we are going to turn our life over to our Creator, we will put this step into practice and the place where we will find out if it worked is in the next step. Each step builds on the previous one. This step is tentative and theoretical until the ensuing steps bring action to this decision.

In asking our Creator to come into our lives at that moment, does it mean we are delivered into sainthood? There is actually the possibility of living life in relationship with our Creator on a moment to moment basis. When a situation arises during the day that we want to handle, we can think of it as having some extra guidance, if we simply ask.

If later on we find we lack courage, ability or motivation to go on, we fall back on this initial decision in this step. We place everything in our life back in the hands of our

Creator again. We repeat this practice every day before getting up.

In establishing a relationship with your Creator, we recommend you answer these questions:

1. When I ask this Creator to come into my life, do I just mean for this moment?
2. Does it imply that if a situation arises later on in the day, that I really want to handle, that I actually give that to my Creator as well? Even if I think I can handle things?
3. What if this Creator was to take charge of my life? Would that be OK with me?
4. What about the really important issues? Am I willing to ask my Creator to have charge over them also?
5. Am I willing to see the perfection of each moment, even if I get a flat tire?

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